

Dr. Farha Abbasi is an Assistant Professor in the Department of Psychiatry at Michigan State University and core faculty member of the Muslim studies program. She is from Pakistan and settled in the United States in the year 2000 with her three daughters. In January of 2009, Dr. Abbasi received the American Psychiatric association SAMSHA Minority fellowship. She used the grant money to create awareness about cultural competency, to redefine it as not just tolerance but acceptance.

Her areas of interest are cultural psychiatry and teaching medical students how to provide culturally appropriate care to Muslim patients. She works directly with Muslim American community to encourage integration rather than isolation from mainstream society. In addition to her efforts to build bridges between the two cultures, Dr. Abbasi work as a psychiatrist has led her to address the barriers that stigmatize and silence mental health.

She is the founding director of the Annual Muslim Mental Health Conference. In 2018 the tenth conference was held at the United State Institute Of Peace in Washington, DC. In addition, she launched a Global Muslim Mental Health Conference in Malaysia and Jordan. She is also the managing editor of the Journal of Muslim Mental health and Director of the Muslim Mental Health Consortium, Michigan State University.

Dr. Abbasi has received numerous awards for her service to the community and promoting mental health. Dr. Abbasi. She was an Honoree, National Alliance of Mentally Ill, American Psychiatric Foundation Award for Promoting Minority Mental health and Globie award winner, Office of International Students Services, Community Service Award by All Pakistanis Physician of North America and Community service Award by Pakistan Women Association of Michigan.

She currently serves on many boards and committees and recently nominated to serve on the Council on Minority Mental Health and Health Disparities American Psychiatric Association

She works relentlessly and tirelessly towards one goal: Learning to coexist and go beyond our differences to reach the common point of peace and prosperity.